

## CV

	<b>Name</b>	Yiing Mei Liou
	<b>Organization</b>	Institute of Community Health Care
	<b>Position</b>	Distinguished Professor
	<b>Telephone</b>	7243
	<b>Fax</b>	
	<b>Email</b>	ymliou@ym.edu.tw
	<b>Major Research Area</b>	Physical activity and physical fitness Community health nursing and school nursing Obesity prevention and management by behavior and environment modification Case management in chronic disease Myopia prevention and management

### Education

International Scholar, Physical activity and behavior medicine, San Diego State University

Fellowship, Nursing, University of San Diego

Ph.D., Nursing, National Taiwan University

### Experience

2017/8-Present	Dean, School of Nursing, National Yang-Ming University
2015/8-Present	Professor, Institute of Community Health Care, National Yang-Ming University
2009/8-Present	Director, School Health Research Center, National Yang-Ming University
2007-Present	Medicine & Health Counsellor, Medicine & Health Committee, Consumer's Foundation, Chinese Taipei
2005-Present	Health Promoting School Counsellor, K-12 Education Administration, Ministry of Education, Ministry of Education
2009-Present	Vice-President, Community Health Committee, National Yang-Ming University Hospital
2014/01-2015/12	Member, Tobacco prevention and health care fund review panel committee, Ministry of Health and Welfare
2016/01-2017/12	
2017/01-2018/12	
2009/09-2013/12	Member of School Health Committee, School health committee, Ministry of Education
2008-Present	Member of School Health Committee, Education Department, New Taipei City
2012-Present	Member of School Health Committee, Education Department, Chiayi County
2009-2012	Member, Stomatological committee, Department of Health, Executive Yuan
2011/02-2015/07	Associate professor, Institute of Clinical and Community Health Nursing, National Yang-Ming University

2005/02-2011/02	Assistant Professor, Institute of Clinical and Community Health Nursing, National Yang-Ming University
1993/08-2005/01	Instructor, Institute of Clinical and Community Health Nursing, National Yang-Ming University
1989/08-1993/07	Instructor, Nurse school, National Defense Medicine Center
1992/09-1993/01	Instructor, Social and life science, National Open University
1985/08-1993/08	Nurse, Education Nurse official, Associate Head Nurse, Head Nurse, Nurse Department, Tri-service General Hospital
2011-Present	Chief of Journal Committee, Lambda Beta Chapter-At-Large, Sigma Theta Tau International Honor Society of Nursing
2007-2009	Chief of Community Service Committee, Lambda Beta Chapter-At-Large, Sigma Theta Tau International Honor Society of Nursing
2005-Present	Board Member of Lambda Beta Chapter-At-Large, Sigma Theta Tau International Honor Society of Nursing
2015-Present	Vice director of Community Health Committee, Taiwan Nurses Association
2005-Present	Board Member of Community Health Committee, Taiwan Nurses Association
2006-2011	Board Core Member of Taiwan Association of Occupation Health Nursing (TAOHN)
2002-2005	Board Core Member of Formosa Active Life Association (FALA)
2013-Present	Convener of the Committee of Medicine and Health, Consumers' Foundation, Chinese Taipei

### **Courses**

Research Methodology

個案管理的理論與實務

Community health nursing

護理管理與行政概論

社區健康評估與診斷

Practice in Health Assessment in Community

### **Honors & Awards**

Young Award of The Executive Yuan, Taiwan, 1984

Academic Award of The Ministry of National Defense for Young, 1985

The Grade 2 Research Award of National Science Council, 1989

Research Award of General Zhou Mei-Yu, 1992

Medicine Education Award By National Yang-Ming University Memorial Foundation of Professor Chen Li-Yang, 1996

Medicine Education Award By National Yang-Ming University Memorial Foundation of Professor Chen Li-Yang, 2001

Medicine Education Award By National Yang-Ming University Memorial Foundation of Professor Chen Li-Yang, 2002

PI of International Physical Activity Questionnaire and Prevalence Study of WHO, 2002-Present

Board Core Member of Formosa Active Life Association (FALA), 2002-2006

Board Member of Lambda Beta Chapter-At-Large, Sigma Theta Tau International Honor Society of Nursing, 2005-Present

B. Braun Annual Nursing Research Award of Taiwan Nurse Association: Physical Activity of School-Age Children in Taiwan: Compliance with International Guidelines, 2004

B. Braun Annual Nursing Research Award of Taiwan Nurse Association: Unbearable weight-Young adult woman's experiences of being overweight, 2004

The committee member of *The White Book of Health Body Weight for Students of Elementary School and High School*, The Ministry of Education, 2004

Who's who of Medicine, 2005-Present

Who's who of Asia, 2005-Present

Chairman, Population strategy with physical activity for health promotion. The 8Th. Asian Federation of Sports Medicine Congress 2005 Tokyo. pp. 61-64. Tokyo, Japan, 2005

Invited Speaker, The Establishment of the Surveillance System of Physical Activity for National Prevalence Study in Taiwan. The 8Th. Asian Federation of Sports Medicine Congress 2005 Tokyo. P79. Tokyo, Japan, 2005

Chairman, Asia Co-location Summit Congress: Physical Fitness Examination and promotion Strategies, 2005 Taiwan represented for penal discussion of International Congress on Physical Activity and Public Health. Atlanta. Host by US CDC and IUHPE of WHO, and RAFA, 2006

Invited Speaker: The Epidemiology of Physical Activity in Women and Girls in Taiwan. 2006 *International Conference on Physical Activity and Physical Fitness Promotion Strategy for Women and Girls*. Taipei, Taiwan, ROC, 2006

Chief of Community Service Committee , Lambda Beta Chapter-At-Large, Sigma Theta Tau International Honor Society of Nursing, 2007-Present

Board Core Member of Taiwan Association of Occupation Health Nursing (TAOHN), 2007-Present

Asia member for Penal discussion for Practical and Policy Issues around Implementing Public Health Strategies for Reducing Physical Inactivity and Preventing Obesity In Children, International Conference of Physical Activity and Obesity in Children, 2007, Toronto

Invited speaker, The professional development and experiences of international comparison researches. 2010 International University of Health and Welfare, Japan, 2010

Inviter Speaker, School nutritionist is an important protective factor in preventing student obesity: A 2-year national-wide prospective study. 2013 International Conference and Exhibition on Nutritional Science & Therapy during July 15-17, 2013 at Philadelphia, USA hosted by OMICS Group Conferences, 2013

The Academic Research Award of National Science Council, 2014

The Academic Research Award of National Science Council, 2016

The Award of Health Promotion of the Health Promotion Administration, Ministry of Health and Welfare, Taiwan, 2016

The Award of Professional Contribution of the Taiwan Union of Nurses Association, Taiwan Nurses Association, and Ministry of Health and Welfare, Taiwan, 2017

## **Publications**

### **Periodicals**

1. Tsai, D. C., Huang, N., Fang, S. Y., Hsu, C. C., Lin, P. Y., Chen, S. Y., ... & Liu, C. J. L. (2018). Seasonal variation of refractive error change among young schoolchildren in a population-based cohort study in

- Taipei. *British Journal of Ophthalmology*, bjophthalmol-2018.
2. SUZUKI, K., NAITO, H., BALASEKARAN, G., SONG, J. K., LIOU, Y. M., LU, D., ... & HUI, S. S. C. (2016). Japanese Adolescents Are the Most Physically Fit and Active in East and Southeast Asia. *Juntendo Medical Journal*, 62(Suppl. 1), 96-98.
  3. Hsu, Y. W., Liou, T. H., Liou, Y. M., Chen, H. J., & Chien, L. Y. (2016). Measurements and profiles of body weight misperceptions among Taiwanese teenagers: a national survey. *Asia Pacific journal of clinical nutrition*, 25(1), 108-117.
  4. Chen, Y. C., Tsai, J. C., Liou, Y. M., & Chan, P. (2016). Effectiveness of endurance exercise training in patients with coronary artery disease: A meta-analysis of randomised controlled trials. *European Journal of Cardiovascular Nursing*, 1-12 . DOI: 10.1177/ 1474515116684407. *Nursing (SSCI)* 3/114=2.6%, *Nursing (SCI)* 3/116=2.6% (Impact factor: 2.419, 15/156=9.62%)
  5. Liu, Yi-Lien, Lu, Chia-Wen, Shi, Leiyu, Liou, Yiing-Mei, Lee, Long-Teng, Huang, Kuo-Chin. (2015 June). Low intensive lifestyle modification in young adults with metabolic syndrome a community-based interventional study in Taiwan. *Medicine*, 94(22), e916-924. doi: 10.1097/MD.0000000000000916
  6. Yiing-Mei Liou\*, Ya-Lan Yang, Ting-Yao Wang, & Chiu-Mieh Huang. (Apr 17, 2015). School lunch, policy, and environment are determinants for preventing childhood obesity: Evidence from a two-year nationwide prospective study. *Obesity Research & Clinical Practice*, 9(6), 563-572. DOI: 10.1016/j.orcp.2015.02.012
  7. Hsu, Y.W., Liou, T. H., Liou, Y. M.,\* Chen, H. J., Chien, L.Y. (2016). Measurement and profiles of the misperception of body weight in Taiwanese teenagers: A national survey. *Asia Pacific Journal of Clinical Nutrition*, 25(1), 108-117.
  8. Yu-Lin Chang, Ming-Shiang Ni, & Yiing Mei Liou (2014, 12). A Study of Biographical Process for Urban children in Early Myopia Phase. *Life Narrative and Psychobiography*, 2, 241-260. DOI: 10.6512/lnp.2014.02.10
  9. Tze-Fang Wang, Ying-Yu Chen, Yiing-Mei Liou, Chyuan Chou. (May–June 2014). Investigating tooth loss and associated factors among older Taiwanese adults. *Archives of Gerontology and Geriatrics*, 58(3), 446–453.
  10. Yiing-Mei Liou\*, Jia-Shan Wu, Mary Jo Clark, Fiona Bull (11, 2013). Development and Profiles of the Concise Scale of Benefits of and Barriers to Physical Activity in Taiwan. *Bulletin for Sport and Experience Psychology of Taiwan*, 13(2), 1-22.
  11. Yiing Mei Liou\*, Chin-Chien Chang, Shiow-Jin Tang, Hung-I Huang, Yu-Ling Chang, & Hsiou-Ying Peng (10, 2013). The Community Health Assessment and Diagnosis in Rural Area by Dimensions Model. *Yuan-Yuan Nursing*, 7(2), 81-86.
  12. Liou, Y. M.\*, Chiang, C. C. (2013). The Aid Student to Fit Program based on the health promoted school model. *Education Quarterly of Pingtung County*, 56, 5-16 .
  13. Yiing Mei Liou\*, Chin-Chien Chang, Shiow-Jin Tang, Hung-I Huang, Yu-Ling Chang, & Hsiou-Ying Peng (2013). The Community Health Assessment and Diagnosis in Rural Area by Dimensions Model. *Yuan-Yuan Nursing*, 7 (2), 81-89 .
  14. Liou, Y. M.\*, Ting-Yao Wang, Hsiu-Jung Lin, Zhuang, L. P., & Chen, C. H. (2012). The experience of children and adolescents obesity prevention in Taiwan. *Changhua Nursing*, 19(3), 7-11.
  15. Liou, Y. M., Chen, M. Y.\* (2012). Ten-Year Trends of Community Health Care: Strengths and Opportunities for Nurses. *The Journal of Nursing*, 59 (2), 5-10.

16. Bauman, A.\*, Ainsworth, B. E., Sallis, J. F., Hagstromer, M., Craig, C. L., Bull, F., Pratt, M., Venugopal, K., Chau, J., Sjöström, M., & IPS Group (Country level authors: Argentina: Díaz Colodrero, G., Bazan, N., & Kunic, H., Australia: Bauman, A., Merom, D., & Smith, B., Belgium: De Bourdeaudhuij, I., Lefevre, J., & Philippaerts, R., Brazil: Matsudo, S. M., & Matsudo, V. R., Canada: Craig, C. L., & Cameron, C., China PRC: Yang, Li., & Hua, Fu., Colombia: Gómez, L. F., Czech Republic: Fromel, K., & Mitas, J., Hong Kong SAR China: Macfarlane, D., & Bacon-Shone, J., India: Reddy, S. K., Joshi, P., Goenka, S., & Prabhakaran, D., Japan: Katsumura, T., & Murase, N., Lithuania: Volbekiene, V., Baubliene, R., McLean, G., & Carr, H., Norway: Tomten, H., Anderssen, S. A., Portugal: Sardinha, L., Mota, J., Saudi Arabia: Al-Hazzaa, H. M., Spain: Serra Majem, L., & Roman, B., Sweden: Sjöström, M., Hagströmer, M., & Bergman, P., Taiwan: Liou, Y. M., & Hung, Y. T., USA: Ainsworth, B. E., & Hipp, D. (2011). The descriptive epidemiology of sitting. A 20-country comparison using the International Physical Activity Questionnaire (IPAQ). *American Journal of Preventive Medicine*, 41(2), 228-235.  
doi:10.1016/j.amepre.2011.05.003
17. Liou, Y. M., Hsu, Y. W., Ho, J. F., Lin, C. H., Hsu, W. Y., & Liou, T. H. (2012). Prevalence and correlates of self-induced vomiting as weight-control strategy among adolescents in Taiwan. *Journal of Clinical Nursing*, 21(1), 11-20.
18. Yeh, M. C., Liou, Y. M., & Chien, L. Y. (2012). Development and effectiveness of a school program on improving body image among elementary school students in Taiwan. *Journal of Advanced Nursing*, 68(2), 434-443.
19. Liou, Y. M.\*, Lee, H. L., Chien, L. Y., Kao, W. Y., Chiang, C. C., & Wang, D. Y. (2011). Daily-life physical activity and related factors among patients with cancer receiving chemotherapy in Taiwan. *Cancer Nursing*, 34(6), 443-452.
20. Lee, C. F., Hwang, F. M., Liou, Y. M., & Chien, L. Y. (2011). A preliminary study on the pattern of weight change from pregnancy to 6 months postpartum: A latent growth model approach. *International Journal of Obesity*, 35(8), 1079-1086.
21. Chien, L. Y., Liou, Y. M.\*, & Chang, P. (2011). Low Defaecation Frequency in Taiwanese adolescents: Association with dietary intake, physical activity, and sedentary behavior. *Journal of Paediatrics and Child Health*, 47(6), 381-386.
22. Chang, P., Hsu, C. L., Liou, Y. M., Kuo, Y. Y., & Lan, C. F. (2011). Design and development of interface design principles for complex document using PDAS. *Computers, Informatics, Nursing*, 29(3), 174-183.
23. Liou, Y. M.\*, Liou, T. H., & Chang, L. C. (2010). Obesity among adolescents: sedentary leisure time and sleeping as determinants. *Journal of Advanced Nursing*, 66(6), 1246-1256. DOI: 10.1111/j.1365-2648.2010.05293.x
24. Liou, T. H., Huang, N., Wu, C.H., Chou, Y. J., Liou, Y. M., & Chou, P. (2009). Weight-loss behavior in obese patients before seeking professional treatment in Taiwan. *Obesity Research & Clinical Practice*, 3(1), 35-43.
25. Chen, M. Y., Yang, R. Z., Liou, Y. M\*, Chang, C. R., Hung, Y. T., & Huang, L. H. (2010). Comparison of health-related behavior between overweight and non-overweight adolescents. *Journal of School health nursing*, 21, 30-49.
26. Ma, W. F., Chao, F. H., Liou, Y. M., & Chiang, L. C. (2009). Health issues and preventive health strategies for adolescent girls. *The Journal of Nursing*, 56(6), 21-26. Index of Medicus., TSCI
27. Liou, Y. M.\* & Wu, J. S. (2009). The Appraisal and Questionnaire of Physical Activity. *The Education of*

- Diabetes, 2009(9), 4-10.
28. Bauman, A., Bull, F., Chey, T., Craig, C. L., Ainsworth, B. E., Sallis, J. F., Bowles, H. R., Hagstromer, M., Sjostrom, M., Pratt, M., & IPS Group (Country level authors: Argentina: Díaz Colodrero, G., Bazan, N., & Kunic, H., Australia: Bauman, A., Merom, D., & Smith, B., Belgium: De Bourdeaudhuij, I., Lefevre, J., & Philippaerts, R., Brazil : Matsudo, S. M., & Matsudo, V. R., Canada: Craig, C. L., & Cameron, C., China PRC: Yang, L., & Hua, F., Colombia: Gómez, L. F., Czech Republic: Fromel, K., & Mitas, J., Hong Kong SAR China: Macfarlane, D., & Bacon-Shone, J., India: Reddy, S. K., Joshi, P., Goenka, S., & Prabhakaran, D., Japan: Katsumura, T., & Murase, N., Lithuania: Volbekiene, V., Baubliene, R., McLean, G., & Carr, H., Norway: Tomten, H., & Anderssen, S. A., Portugal: Sardinha, L., & Mota, J., Saudi Arabia: Al-Hazzaa, H. M., Spain: Serra Majem, L., & Roman, B., Sweden: Sjöström, M., Hagströmer, M., & Bergman, P., Taiwan: Liou, Y. M., & Hung, Y. T., USA: Ainsworth, B. E., & Hipp, D. (2009). The International Prevalence Study on Physical Activity: results from 20 countries. *International Journal of Behavioral Nutrition and Physical Activity*, 6 (21), 1-25.
  29. Chiang, C. C., Liou, Y. M.\*, Hung, C. W., Ho, J. F., & Chien, C. M. (2009). The comparison of the recommendations and policies of physical activity of children and youth in eight countries. *The Citizen Sport Quarterly*, 38(3), 73-79.
  30. Liou, Y. M.\* (2008) ° The relationship with obesity and levels of physical activity in adolescents. *Taiwan Medical Association for the Study of Obesity Bulletin*, 22, 14-19.
  31. Liou, Y. M.\*, Shih, S. N., Liao, S. E., & Chien, J. F. (2009). The evaluation and revision of “the LOHAS executants for people who have prediabetes”: The experience of the Diabetes Prevention Program in Taiwan. *Chang Gung Nursing*, 20(1), 1-15.
  32. Liou, Y. M.\*, Wang, C. W., Hung, W., J., & Lin, Y. C. (2009). Applying Energy Theory to compare community health assessments conducted in urban and rural area. *The Journal of Nursing*, 56(1), 79-84. doi:10.6224/JN.56.1.79
  33. Liou, Y. M. (2008). The review and prospect of the healthy body weight program in Taiwan.
  34. Liou, Y. M., Jwo, C. J. C., Yao, K. G., Chiang, L. C., & Huang, L. H. (2008). Selection of appropriate Chinese terms to represent intensity and types of physical activity terms for use in the Taiwan version of IPAQ. *The Journal of Nursing Research*, 16(4), 252-263.
  35. Chen, M. Y., Liou, Y. M., & Wu, J. Y. (2008). The Relationship between TV, computer time and adolescents' health-promoting behavior-A secondary data analysis. *The Journal of Nursing Research*, 16(1), 75-85.
  36. Liou, Y. M.\* (2008). Strategy and practice in the prevention of type-2 diabetes. *The Journal of Nursing*, 55(1), 70-74. *Index of Medicus.*, TSCI
  37. Shih, S.N., Gau, M.L., Tsai, J.C., Li, I.C., Liou, Y.M., & Shih, F.J. (2008). A health need satisfaction instrument for Taiwan's single older people with chronic disease in the community. *Journal of Clinical Nursing*, 17(5A), 67-77.
  38. Liou, Y. M.\*, Chang, M. Y., Chiang, L. C., Chien, L. Y., Chang, P. L., & Hung, Y. T. (2007). The integrative experiences of nation-wide program of healthy body weight among students. *The Journal of Nursing*, 54(5), 30-36. *Index of Medicus.*
  39. Liou, Y. M.\* (2007). Patterns of physical activity and obesity indices among white-collar men in Taiwan. *The Journal of Nursing Research*, 15(2), 138-146.
  40. Lee, C. F., Chien, L. Y., Ko, Y. L., Chou, Y. H., Tai, C. J., & Liou, Y. M. (2005). Development and

- psychometric properties of the Chinese language version of the TAPQOL: A health-related quality of life instrument for preschool children. *International Journal of Nursing Studies*, 42(4), 457-465.
41. Liou, Y. M. & Chiang, L. C. (2004). Physical activity of school-age children in Taiwan: Compliance with international guidelines. *The Journal of Nursing Research*, 12(4), 307-316.
42. Liou, Y. M.\*, Chen, J. J., Li, Y. S., Shen, L. F., & Chen, L. H. (2004). Analyzed of the barriers and benefits of physical activity and application in physical activity prescription in Taiwanese. *The Citizen Sport Quarterly*, 33(3), 69-76.
43. Wu, G., H., Liou, Y. M.\*, & Hunag, L. H. (2004). The Application and Evaluation of the System Theory for Community Health Assessment in a Rural Village. *The Journal of Nursing*, 51(1), 67-71.  
doi:10.6224/JN.51.5.67
44. Chien, L. Y., Liou, Y. M.\*, & Chen, J. J. (2004). Association between indices of obesity and fasting hyperglycemia in Taiwan. *International Journal of Obesity*, 28(5), 690-696.
45. Chang, Y. J., Liou, Y. M.\*, Sheu, S. J., & Chen, M. Y. (2004). Unbearable weight-young adult woman's experiences of being overweight. *The Journal of Nursing Research*, 12, 153-160. Index of Medicus., TSCI
46. Liou, Y. M.\* & Tsai, S. T. (2003). Diabetes and the quality of life. *The Education of Diabetes*, 2003(9), 4-10.
47. Chen, M. Y., Wang, E. K., Yang, R. J., & Liou, Y. M. (2002). Adolescent health promotion scale: Development and psychometric testing. *Public Health Nursing*, 20(2), 104-110. DOI:10.1046/j.1525-144
48. Chen, M. Y., Yang, R. J., Liou, Y. M., Liao, J. H., & Huang, L. H. (2002). Link between Theoretical Approaches of Community Health Development and Community Health Nursing Practice. *The Journal of Health Science*, 3(4), 358-364.
49. Liou, Y. M.\* & Huang, L. H. (2001). Evaluation and Utilization of Currently Existed Study Scales. *The Journal of Health Science*, 48(3), 95-101.
50. Ko, Y. L. & Liou, Y. M.\* (2001). Effectiveness of Anti-Smoking Education for 5th-6th Grade Smoking Students. *Health Promotion & Health Education Journal*, 20, 35-42.
51. Chen, C. Y. & Liou, Y. M. (1998). Respite Care for Chronis Ill in Long-Term Care Continuum. *The Journal of Nursing*, 46(2), 40-44.
52. Liou, Y. M.\*, Chen, L. H., Lee, M. M., Chan, Y. F., & Chen, J. J. (1998). Active Aging: The Experience and Perspective of a Physical Fitness Promotion Program for the Aged in the Community. *The Journal of Nursing*, 45(6), 29-35
53. Liou, Y. M.\* & Ko, Y. L. (1998). The Role of Primary Clinicians in Preventing Smoking. *Formosan Journal of Medicine*, 2(1), 1-6.
54. Liou, Y. M.\* & Gau, C. H. (1993). Development of pressure sore predicting scale and nursing standard by quality assurance model. *The Journal of Nursing*, 40(1), 79-86. Index of Medicus
55. Liou, Y. M.\*, & Yin, T. J.C. (1991). A survey of the knowledge needs of inpatients in the prevention of Hepatitis B. *The Journal of Nursing*, 38(2), 33-42.

### **Proceedings of Meetings and Symposia**

1. Liou, Y. M. (21 Nov. 2015, Invited Speaker). Youth Fitness & Activity Surveys in Taiwan. International Symposium on Physical Fitness and Active Lifestyle. Chiba, Japan.
2. Liou, Y. M. (23-24May 2015, Invited Speaker). From behavior to environment: The transitional strategies of physical activity in health. The international Conference on Exercise Physiology and fitness. Kaohsiung: Cheng Shiu University.

3. Liou, Y. M. (5 Aug 2013, Invited Speaker). How to Promote Obesity Prevention Tasks in Community. 2013 International Conference of Obesity Prevention. Hua Lian: Tzu Chi University.
4. Shu-Ti Chiou, Yiing Mei Liou, Chi-Chen Chiang, Ting-Yao Wang, Yi-Jie Wu . (25 – 29 August 2013). The Establishment of the Surveillance System of Obesogenic Environment in Taiwan. The 21st IUHPE World Conference on Health Promotion. Pattaya, Thailand.
5. Chi-Chen Chiang, Yiing Mei Liou, Shu-Ti Chiou, Ting-Yao Wang. (25 – 29 August 2013). An Exploration and Validation at the Macro Level of Taiwan's Obesogenic Environment. The 21st IUHPE World Conference on Health Promotion. Pattaya, Thailand.
6. Yong-De Zhang, Rui-Liang Yan, Su-Huang Lin, Yiing Mei Liou. (25 – 29 August 2013). A Cemetery Transform to A Community Park-The Story of Revised Obesogenic Environment In Taiwan. The 21st IUHPE World Conference on Health Promotion. Pattaya, Thailand.
7. Li Lizhu, Yang Yalan, Wu Junde, Wang Tiande, Chuang Yi Ling, Zeng Fanqi, Su Yuqing, Yiing Mei Liou. (25 – 29 August 2013). Effects of Jumping Rope and Calcium Supplement Intervention on the Physical Health of Fourth Grade Students. The 21st IUHPE World Conference on Health Promotion. Pattaya, Thailand.
8. Hsing-Ling Tsai, Mei-Chen Wu, Fang-Tsan Lin, Yen-Hsiang Huang, Min-Li Chen, Chun-Hui Lee, Yiing Mei Liou. (25 – 29 August 2013). The Effect of A Healthy Body Weight Program Carried Out In Chiayi County. The 21st IUHPE World Conference on Health Promotion. Pattaya, Thailand.
9. Hung-chi Chen, Hui-Ju Hsieh, Chung-Chi Chang, Hui-Leng Li, Yiing Mei Liou. (25 – 29 August 2013). A Study on the Effectiveness of Self-Management Mechanism for Core Capabilities of Healthy Body Weight on An Elementary School In Central Taiwan. The 21st IUHPE World Conference on Health Promotion. Pattaya, Thailand.
10. Hui-Ju Hsieh, Hung-Chi Chen, Yu-Chuan Shen, Yiing-Mei Liou. (25 – 29 August 2013). The Effectiveness of Diversified Oral Health Education Intervention in Elementary Students. The 21st IUHPE World Conference on Health Promotion. Pattaya, Thailand.
11. Liou, Y. M. (15-19 July 2013, Invited Speaker). School nutritionist is an important protective factor in preventing student obesity: A 2-year national-wide prospective study. International Conference and Exhibition on Nutritional Science & Therapy. Philadelphia.
12. Liou, Y. M. (2-4 Nov 2013, Invited Speaker). The Policy of Physical Education is determinants of Students' health: The Evidences and Experiences in Taiwan. The 6th Annual Meeting. On Preventive Medicine and Health Services Research. School health and Physical Education Symposium. The 6th Asia Pacific Conference on Exercise and Sports Science (APCESS 2013). Taipei: University Sports Center, Chinese Culture University.
13. Liou, Y. M. (2011, Dec, Invited Speaker). Epidemiology and intervention in children obesity. Round Table Dialogue on School Based Childhood Obesity Prevention and Management- EPODE network. Keelung City: Badou Elementary School.
14. Liou, Y. M. (2011, Dec, Invited Speaker). Update on school-obesity prevention programmes in Taiwan. The 6th Annual Meeting. On Preventive Medicine and Health Services Research. Symposium on Cardiometabolic Diseases in Taiwan. Trend, Definition, Etiology, Evolution, Impact, Prevention, Policy and Management. Taipei: NTUH International Convention Center.
15. Liou, Y. M. (2011, Jan. 20, Invited Speaker). The cooperative strategies of research and promotion for physical activity and physical fitness in Asia. 2011 The ICHPERSD Asia Congress. Taipei: National



Taiwan Normal University.

16. HU, S. H., Liou, Y. M.\*, XU, M. N., JWO, J. C. C., & Chang, C. M. (2010, Oct). The analysis of the transition of healthy behaviors by 8 months of health promoting school program for children: a multi-sites longitudinal study. International Conference on Global Health and Public Health Education. The Chinese University of Hong Kong. Hong Kong, China.
17. Chang, C. M.<sup>2</sup>, Wang, P. L.<sup>1</sup>, Liou, Y. M.<sup>3\*</sup>, & Ghu, Y. H.<sup>4</sup> (2010, Oct). The development and effect of city oriented program of health promotion school. International Conference on Global Health and Public Health Education. The Chinese University of Hong Kong. Hong Kong, China.
18. Chiu, Y. H.<sup>1</sup>, Liou, Y. M.<sup>2\*</sup>, & Zhang, Z. M.<sup>3</sup> (2010, Oct). The correlation analysis of physical fitness and academic performance in the three elementary schools-two years longitudinal study. International Conference on Global Health and Public Health Education. The Chinese University of Hong Kong. Hong Kong, China.
19. Yang, Y. L., Liou, Y. M.\*, Chi, H. Y., Kuo, T. B. J., & Chiu, Y. H. (2011, Oct). The effect of anthropometry in rope jumping among 4th. grade students. International Conference on Global Health and Public Health Education. The Chinese University of Hong Kong. Hong Kong, China.
20. Liou, Y. M. (2010, July, Invited Speaker). The professional development and experiences of school health and lifestyle modification. Tokyo Medical and Dental University.
21. Liou, Y. M. (2010, July, Invited Speaker). The professional development and experiences of international comparison researches. International University of Health and Welfare.
22. Liou, T. H., & Liou, Y. M.\* (2008, Nov.). Sedentary Behavior and Sleep Duration Determine Obesity Risk among Taiwanese Adolescents. The International Conference on Childhood Obesity, 2008 (34). Hong Kong, China.
23. Liou, Y. M.\*, & Hui, S. S. C. (2008, Nov.). The Establishment and Verification of the Culturally Sensitive Physical Activity Recommendations of Young in Taiwan. The International Conference on Childhood Obesity, 2008(44). Hong Kong, China.
24. Liou, Y. M.\*, Chiang, C. C., Hung, C. W., Ho, J. F., & Chien, C. M. (2008, Nov.). The International Comparison of the Recommendations and Policies of Physical Activity of Children and Young. The International Conference on Childhood Obesity, 2008 (43). Hong Kong, China.
25. Liou, Y. M. (2008, March, Invited Speaker). The Prevalence, Consequences, and Promotion Strategies of Physical Activity for Students in Taiwan. 2008 International Conference on Physical Activity Promotion Strategy for Students. Taipei, Taiwan, ROC.
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